










**Year 5B's
Perfect
Sandwich Book**



2016

Aarian's Dream Sandwich

Ingredients:

-  Grilled Chicken Breast
-  2 Slices of Bread (any type)
-  1 Piece of Lettuce
-  1 Tomato
-  Garlic Aioli
-  Chilli Sauce
-  1 Slice of Cheese
-  Shredded Carrot
-  Bacon

Materials:

- 1 Plate
- Sharp Knife



Method:

1. Place bread in the middle of the plate
2. Sprinkle shredded carrot on bread
3. Then carefully place a piece of lettuce on the shredded carrot
4. Cut chicken breast carefully so you don't cut yourself
5. Slowly place your chicken on the lettuce
6. Place a slice of cheese on your chicken
7. Spread your tomatoes delightfully on the cheese
8. Place bacon on tomatoes
9. Squeeze garlic aioli and chilli sauce on top
10. Finally place another piece of bread proudly on the sauce
11. Eat & Enjoy



Ambrose's Dream sandwich

Ingredients



•3 pieces of bread, Cheese, Ham
and lolly snakes

Materials

Plates

Aim: to make my

dream sandwich



Step 1: Get one piece of bread and
put it on a plate.



Step 2: Put the Cheese on the bread.

Step 3: Add the ham on top of the cheese.

Step 4: Place another piece of bread on
the ham.

Step 5: Put the snake lollies on the bread
evenly.

Step 6: Place the last piece of bread and
put it on top of lollies.

Step 7: Eat and enjoy.

My Super Sandwich by Blaize

Ingredients

8 pieces of honey chicken

2 pancakes

Butter and butter knife

1 plate



Step 1

Get your pancakes and butter them on one side. The same side on each pancake.

Step 2

Make sure the honey chicken is warm if it isn't put it in the microwave for one minute.

Step 3

Get your pancakes and put one of them and put the butter side up. Then get your eight pieces of honey chicken on the butter side of the pancake and get the other pancake on top with the butter side down. On the honey chicken

Step 4

Time to eat.



Daniel's Dream Sandwich

Ingredients: Baby Spinach, Cucumber, tomato, Salted Capsicum (Red), Lettuce and Wholemeal bread

Materials: A Plate

Aim: My aim is to make my perfect Sandwich

Step one: Put the two pieces of wholemeal bread on the plate.

Step two: Roughly place a finger nail size of Salt on the Red Capsicum and spread it all over.

Step three: then you put the two pieces of Baby spinach on the Wholemeal bread.

Step four: Then put the salted Capsicum on the Wholemeal bread.

Step five: Then put two pieces of Cucumber on the Wholemeal bread.

Step six: Next put one tomato on the Wholemeal bread.

Step seven: Then put the lettuce on the wholemeal bread.

Thanks for following me how to make my perfect Sandwich.



Enjoy

Dory 's Dream Sandwich

Ingredients

2 slices of bread

salami

lettuce

cheese

olive

mantels

plate

toothpick

steps



- 1 Place one slice of bread on the plate
- 2 Put the cheese on the bread
- 3 Take the lettuce and place the lettuce on the second piece of bread
- 4 Put the salami on the cheese
- 5 Place the olive on the toothpick
- 6 Put the second piece of bread on top of it all
- 7 Place the tooth pick on the bread
- 8 ENJOY

Sam: Dream Sandwich

Ingredients:

Home meal Bread

Chicken

Salami

Barque sauce

Lettuces

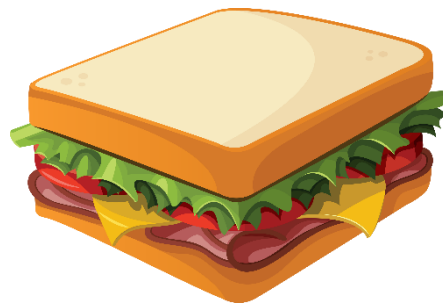
Tomatoes

Cheese

materials:

plates

knife



Step1: get our bread and put on the plate

Step2: spread the barque sauce on the bread

Step3: place the chicken on the bread
remember to put it on barque source.

Step4: place the salami on the chicken

Step5: put our cheese on the other piece on bread

Step6: place the lettuce on the cheese carefully

Step 7: put the tomatoes on both pieces of bread.

Step8: then put the two piece of bread



Jorgi's Dream Sandwich

Ingredients:

10 nuggets

1 McDonalds sweet n' sour sauces

2 pieces of bread

Aim: to make a really yummy sandwich

Materials:

2 plates

1 knife

Step one: take your two pieces of white bread and carefully put them in the center of the plate.

Step two: pick up the sweet n' sour sauce and carefully spread it on both sides of the bread.

Step three: take four or five nuggets and put them on one side of the bread.

Step four: Then put another two or three nuggets on the other side of the bread.

Hint: make sure your nuggets are spread out and not piled up so there is no empty bread space.

Step five: If you have spare nuggets feel free to put the on the side.

Step six: now you can enjoy your sweet n' sour chicken nugget sandwich.

This is what it should look like this after you have finished



Edie's Dream Sandwich

Ingredients:

Materials Required:

2 pre toasted waffles

4 scoops of ice-cream (any flavour)

Sugar crystals

1 can of whipped cream

1 Strawberry

Maple syrup

Materials Required:

1 cloth

1 plate

1 knife

1 spoon



Aim: To create my perfect sandwich

Step 1: Take the cloth and spread it across wherever you are working, so you don't get mess everywhere.

Step 2: Take the plate and place one of the toasted waffles on it.



Step 3: Pick up the spoon and carefully scoop 4 spoons of ice-cream onto the waffle.

Step 4: Lightly sprinkle the sugar crystals onto the ice-cream for decoration.

Step 5: Carefully place the other waffle on top.

Step 6: Take the whipped cream and evenly spray it on top of the waffle.



Step 7: Grab the strawberry and cut it up into 3 pieces. (make sure you do this slowly and carefully so you don't cut yourself.

Step 8: Place the pieces of strawberries onto the whipped cream.

Step 9: Drizzle the maple syrup all over the waffle so it drips down the sides.

Step 10: Enjoy!!!



Ingredients

Chicken Breast

Mayo

2 Pieces Bread (any)



Plate

Knife

Butter Knife

El's Dream Sandwich

Here are the steps to make my sandwich.

Instructions

Step 1: Pick up your bread and place them on the plate.

Step 2: Squeeze out some Mayo on one piece of bread.

Step 3: Carefully spread the Mayo with the side of the butter knife do it carefully so you don't put a hole in the bread.

Step 4: Place the chicken breast on top of the Mayo.

Step 5: If your chicken doesn't fit cut it to size with your knife it should fit. Do not use your butter knife.

Step 6: Then put a handful of original chips evenly on your sandwich.

Step 7: Cover your open sandwich with the other piece of bread.

Step 8: Enjoy your sandwich.

Step 9: Eat the left over chips if you are still hungry. 😊😊



Illine's Dream Sandwich

Ingredients:

2 pieces of waffles

Nutella

3 Sliced Strawberries

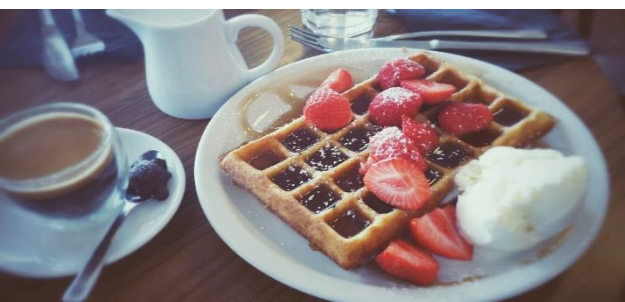
make sure the stems
are cut.

Materials:

Spreading Knife

Plate

Whipped Cream



Aim: These are the steps
for making your dream
sandwich

Steps:

Step 1: Place your waffles carefully on the plate.

Step 2: Collect your knife and evenly spread the Nutella on each side of waffle.

Step 3: Take your strawberries and with care put them on top of the Nutella.

Step 4: Top it up with whipped cream and cover the one piece that doesn't have the strawberries on top. If you put the whipped cream directly on the strawberries, they will go soggy.

Step 5: Eat and Enjoy!

JARED'S DREAM SANDWICH

This guide will tell you how to make the best sandwich around™.

Step 1: Take your 2 pieces of Belgium Waffles and place them carefully on your plate.

Step 2: Grab your Canadian Maple Syrup and make sure you pour it in the squares of your Belgium Waffles so the bacon won't go soggy.

Step 3: Take your Triple Smoked Bacon pieces and place it neatly in between your Belgium Waffles.

Step 4: Take your Triple Smoked Bacon pieces and place it neatly in between your Belgium Waffles.

Step 5: Grab your newly built sandwich.

Step 6: ENJOY!

INGREDIENTS

2 Belgium Waffles

2 Pieces of Triple Smoked
Bacon

Canadian Maple Syrup



MATERIALS

1 Plate

1 Spoon

1 Toaster

My Dream Sandwich – Joshua O.

Ingredients:

2 pancakes

Cream

Ice-cream

Strawberries

Maple syrup

Iceing sugar

Material's

plate

knife

spoon



Step1 get one of the pancakes and place I carefully on the plate.

Step2 Grab the cream and squirt it on one of the pancakes.

Step3 Take the strawberries and speared them evenly make shore they are sliced.

Step4 Squeeze the maple syrup over the pancake and spread with a knife.

Step 5 Take 3 scoops of the ice cream and spread it with a knife over the pancake.

Step 6 Grab the other pancake and place it carefully on top of the pancake.

Step7 Sprinkle some Iceing sugar top on top of the pancake and enjoy.

LACHIE'S DREAM SANDWICH

Ingredients Needed

- 1 chicken
2. Lettuce
3. 2 pieces of bread

materials

1. plate

My aim is to make my dream sandwich.

Step 1. Put your two pieces of bread on your plate.

Step 2. Pick up your chicken and place a dissent amount of chicken on your bread.

Step 3. Take your lettuce and gently place it over your chicken.

Step 4. Take your other piece of bread and it onto lettuce.

Step 5. Then you're done.

Step 6. Now you can eat it.



Mele's dream sandwich



Ingredients:

2 Pancakes

Ice cream

Whip cream

Mnm packet

Chocolate source

Sprinkles

Choc chip

Materials

Knife

Plate

Spoon-ice cream

STEP 1 YOU NEED 2 PANCAKES TO BE YOUR BREAD. STEP 2 IS TO APPLY YOUR ICE CREAM AND SPREAD IT ALL AROUND YOUR PANCAKES WITH A KNIFE. STEP 3 YOU GET YOUR

SPRINKLES AND PUT IT ON TOP OF
YOUR WHIP n CREAM EVENLY. STEP 4
IS GET YOUR CHOCOLATE SAUCE AND
DRIZZLE IT SO IT CAN'T SPILL. STEP 5
GET YOUR CHOPPED STRAWBERRY
AND ADD IT ON TOP OF THE OTHER
INGREDIENTS. STEP 6 GET YOUR
MNMS AND DRIZZLE IT AROUND. STEP
7 IS GET YOUR WHIP CREAM AND PUT
IT THERE ON TOP OF THE OTHER
INGREDIENTS CAREFULLY AND
WALLAH THAT IS HOW YOU MAKE MY
DREAM SANDWICH AND NOW IT'S TIME
TO TASTE MY DREAM

SANDWICH 🍷 🍔 🍞 🍴 🍽️ 🍩 🍪 🍦 🍭 🍮

My amazing chicken wrap

By Layla



Ingredients

- Mayo
- Lettuce
- Cheese
- Chicken
- Tomato sauce
- Wrap

Materials

- Butter knife
- Fork
- Chopping board
- Microwave
- Toothpicks
- Plate



Recipe

Step 1: Take your chopping board and put your wrap on your chopping board.

Step 2: Get your mayo and butter knife and spread an amount on your bread.

Step 3: Place your chicken in the microwave and heat it up for a minute and fifty seconds.

Step 4: Grab your chicken out of microwave use a fork so you don't burn yourself place your chicken on the wrap in a straight line.

Step 5: Take out your lettuce and turn on the tap run under the water give the lettuce a good wash after that place your lettuce on your wrap.

Step 6: Open your cheese and spread an amount all over your wrap.

Step 7: Get your tomato sauce and squirt it all over like a zig zag.

Step 8: Warp your wrap and your toothpicks get on one out and stick it through

Now enjoy your amazing wrap!!!

Linivia's Dream Sandwich

Ingredients

- ✓ Pancakes
- ✓ Hot fudge sauce
- ✓ Ice-cream
- ✓ Marshmallows

Materials

- ✓ Microwave

Step 1. Take 2 pancakes (hot or cold) and place them on a nice, clean plate.

Step 2. Take your ice-cream and spread it carefully over 1 of your pancakes.

Step 3. Place some marshmallows steadily on top of your ice-cream.

Step 4. Pour some nice hot fudge sauce over the ice-cream and make sure you don't spill it!

Step 5. Place your 2nd Pancake on top and push it on lightly; don't squish it otherwise it'll go splat everywhere!

Step 6. Now comes the part you've been waiting for, to eat and enjoy!

I ♥
FOOD



MY DREAM SANDWICH: THE DORITO DEMOLISHER

Ingredients

Bread

Doritos

Salsa

Mince

Cheese

Materials

Plate

Knife

Step 1

Firstly, take the bread and spread the mince evenly.

Step 2

Secondly, crush the Doritos with your fist.

Step 3

Take the salsa and spread it all over the mince with the knife.

Step 4

Place the cheese evenly on top the salsa.

Step 5

Sprinkle the Doritos carefully (so it doesn't get messy) on the cheese.

Step 6

Put the two pieces of bread together.

Step 7

ENJOY! By Josh W.

Bailey's Dream Sandwich

You will love it and enjoy it

Ingredients

materials

2 pancakes

Butter Knife

Whipped cream

plate

M&m's

Butter

Sprinkles



Step 1: Get Your pancakes

Step 2: Put your pancakes on your plate

Step 3: Butter your pancakes with your butter knife

Step 4: Add whipped cream onto the pancake

Step 5: Put M&m's on your pancakes

Step 6: Add ice cream onto your pancake

Step 7: Add on the sprinkles to the pancake

Step 8: put the pancakes together

Final Step: ENJOY!!!!!!!

Roshan's Dream Sandwich

Ingredients:

- Lamb mince patties with vegetables (3)
- Shredded Cheese
- Shredded Lettuce
- Bread (2 pieces)
- Sliced Tomato
- Tomato Sauce
- Chilli Flakes
- Hummus paste

Materials:

- Plate
- Sandwich toaster
- Knife

Method:

Step 1. Get one of the pieces of bread and sprinkle shredded cheese on the piece of bread.

Step 2. Spread shredded lettuce and hummus paste on the same piece of bread as the cheese.

Step 3. Place 3 lamb mince patties on the same piece of bread as the shredded lettuce.

Step 4. Carefully lay the sliced tomato on the same piece of bread as the lamb mince patties.

Step 5. Squirt some tomato sauce on the sliced tomato.

Step 6. Close the bread by carefully placing them together.

Step 7. Put the sandwich in the sandwich toaster.

Step 8. When the sandwich is cooked take it out and lay it on your plate then sprinkle chilli flakes on the sandwich.

Step 9.

Enjoy!

Fiachra's Dream Sandwich

Ingredients:

- 2 chocolate pancakes
- 2 normal pancakes
- 5 strawberry's cut
- A can of whipped cream
- Melted chocolate/milk choc
- Ice cream

Tools:

- Plate
- Knife
- Tub
- Ice cream scooper

1. Put all 4 of the pancakes on the plate
2. Spray whipped cream on all of the pancakes
3. Stack them on top of each other to make a big pile
4. Pour the chocolate all over the pancakes
5. Put as much ice cream as you want on top
6. most important step EAT NOW!

Daniella's Dream Sandwich

Ingredients

- 2 doughnut
- Whipped cream
- Popcorn chicken



Materials

- Plate



Aim: make a dream sandwich

Step1: Place 1 doughnut on the plate carefully so it doesn't break.

Step2: take your whipped cream pop the lid off and squirt the whipped cream all over evenly.

Step3: Carefully place all popcorn chicken on the whipped cream.

Step4: Place 2nd doughnut on top.

Step5: Eat and enjoy



Seth's Dream Sandwich

Ingredients

Egg's

Bacon x4

Tomato sauce

Butter

Bread x2

Materials

Knife

Plate

Recipe

How to make your dream sandwich

Step 1 You will need to grab 1 piece of white bread (optional white or wholemeal) and evenly spread your butter on the piece of bread.

Step 2 Very carefully put you egg on the bread don't manhandle it or it will spilt.

Step 3 Apply two pieces of bacon on top of the egg.

Step 4 Get your other piece of bread and put the bacon on the piece of bread.

Step 5 Drizzle tomato sauce on any of your two pieces of and put them together.

Step 6 Eat and enjoy.

Sweet or Sour cooking show

Ingredients:

1 pancake

Whipped cream

Jam

Strawberries

Materials:

Spreading knife

Plate

Step 1: Get the pancake and place it on the plate.

Step 2: Now carefully spread the jam lightly over the pancake.

Step 3: Then, spray a generous amount of the whipped cream on top of the jam.

Step 4: Now, spread 5 sweet strawberries on the sprayed whipped cream.

Step 5: Now finally fold the bottom a bit to the top. Fold the left side to the middle of the pancake and do the same thing with the right side slightly overlapping the other folded side.

Step 6: Eat & Enjoy!

By Anita

The Perfect Sandwich

Ingredients:

- Whipped cream
 - Bread
- Marshmallows
 - Sprinkles
 - Butter
 - Smarties

Materials:

- Plates
- Serviette
- Knifes

Chef Megan

Steps:

Step 1. Gather all the ingredients on the table/bench.

Step 2. Take the bread from the table and place it on the plate ready to put the ingredients on.

Step 3. Get the knife off the table and carefully dip the knife in the butter container, make sure that you get some butter on the knife and spread the butter on the bread.

Step 4. Next you pick up the sprinkles and evenly spread the sprinkles thoroughly across the bread.

Step 5. Pick up the whipped cream and take the lid off the bottle of whipped cream but before you do anything shake the bottle of whipped cream to get that excess whipped cream off the bottom now spray be careful not to spill any or put too much on.

Step 6. Carefully pick up a little batch of smarties and put them on top of the whipped cream.

Step 7. Now take the knife from the table and get some marshmallows take a few from the bag place them on the chop board and start to cut from the middle and cut again into quarters once you have done that put the marshmallows on top of the smarties and whipped cream.

Step 8. Place the other piece of bread on top of the rest of the ingredients and

Enjoy!



Ultimate Pancake

Ingredients

3 scoops of ice cream
Whip cream
Chocolate syrup
Mms and sprinkles
2 Pancakes

Materials

A plate
A spoon

Method

Step 1: Take one of your **pancakes** and place it on a plate.



Step 2: Get your spoon and scoop up your three scoops of **ice cream** and place it on the pancake.

Step 3: Get you **chocolate syrup** and squeeze it on your ice cream.



Step 4: Get your **whip cream** and place it on top of your chocolate syrup.

Step 5: Get your **Mms** and **sprinkles** and sprinkle them on top of your whipped cream.



Step 6: Place the other **pancake** on top of the mms and sprinkles to complete your ultimate pancake delight.

Step 7: **Enjoy!!!!!!**

By Gaby

Yoongeon's Dream Sandwich

Ingredients:

- 2 slices of bread
- 2 cheese
- Fries
- Butter



Materials:

- Plate
- A knife to spread butter



Method:

1. Place the slices of bread on the plate.
2. Spread the butter evenly on both bread.
3. Take the cheese and place one on the bread, do the same on the other bread.
4. Take the fries and sprinkle it on both pieces of bread.
5. Eat and enjoy.